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COMFORTage

Prediction, monitoring and personalized recommendations for prevention and relief of dementia and frailty

As COMFORTage celebrates another year of success, this anniversary month provides the perfect opportunity to reflect on the progress made to date.

Positive project review

COMFORTage consortium successfully completed its first project review, marking an important milestone in the project's implementation. The review confirmed strong progress across technical development, clinical validation, and stakeholder engagement, highlighting the consortium's commitment to delivering trustworthy and innovative digital health solutions for healthy ageing. This positive evaluation reinforces the project's readiness to move forward into its next phase.

Pilots Now Underway

All COMFORTage project pilots are now officially up and running, marking a key milestone in the implementation of innovative solutions for the prevention, early detection and management of cognitive decline, dementia and frailty across Europe. Implemented in diverse real-life settings, the pilots address multiple dimensions of healthy and active ageing, combining clinical expertise, digital health technologies and personalised interventions. You can explore the full overview of pilots on our website 👇
https://comfortage.eu/pilots/

Virtual AI-Based Healthcare Platform (VHP): framework in progress

The development of the VHP, COMFORTage's core technological framework, is actively underway. This platform is designed to centralise AI resources and enable advanced risk factor analysis, early diagnosis, and personalised decision-making for healthy ageing.
As implementation progresses, the VHP will serve as the backbone integrating key innovations such as Patient Digital Twins, virtual assistive technologies, and data-driven tools, supporting healthcare professionals and empowering more proactive, personalised, and preventive care pathways across the project's pilot sites.

TET & TEM: A Modular Learning Ecosystem for Digital Health

The Training and Educational Toolkit (TET) is a digital platform designed to enhance digital literacy and raise awareness among older adults, informal caregivers, and healthcare professionals. Its purpose is to provide a modular, accessible learning environment that promotes self-management and confidence in using digital health solutions. Main functionalities include the delivery of a comprehensive curriculum featuring thematic content, real-world scenarios, and interactive self-assessment exercises. It also incorporates serious games for patients focused on daily brain training activities. The TET is hosted within a Training and Educational Marketplace (TEM), which uses a personalized training recommender to suggest specific content and gaming elements to optimize the individual learning experience.

COMFORTage Community Forum (CCF)

The CCF continues to foster collaboration and knowledge exchange among healthcare professionals, researchers, policymakers, and innovation stakeholders working in dementia, frailty, and digital health. The forum plays a key role in supporting the sustainability and wider adoption of COMFORTage's results by providing opportunities for learning, dialogue, and community engagement.

As part of its ongoing activities, the CCF invites you to its upcoming webinar, "From Fragmentation to Integration: Social and Health Care Models for Dementia and Frailty". The session will explore integrated care approaches, digital tools, and collaborative models to improve person-centred support for people living with dementia and frailty and their carers.

Register now and join the conversation

COMFORTage

UPCOMING EVENT

HEALTHY AGEING TOGETHER

23rd APRIL 2026

Funded by the European Union

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Learn more

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